



A note from the Principal

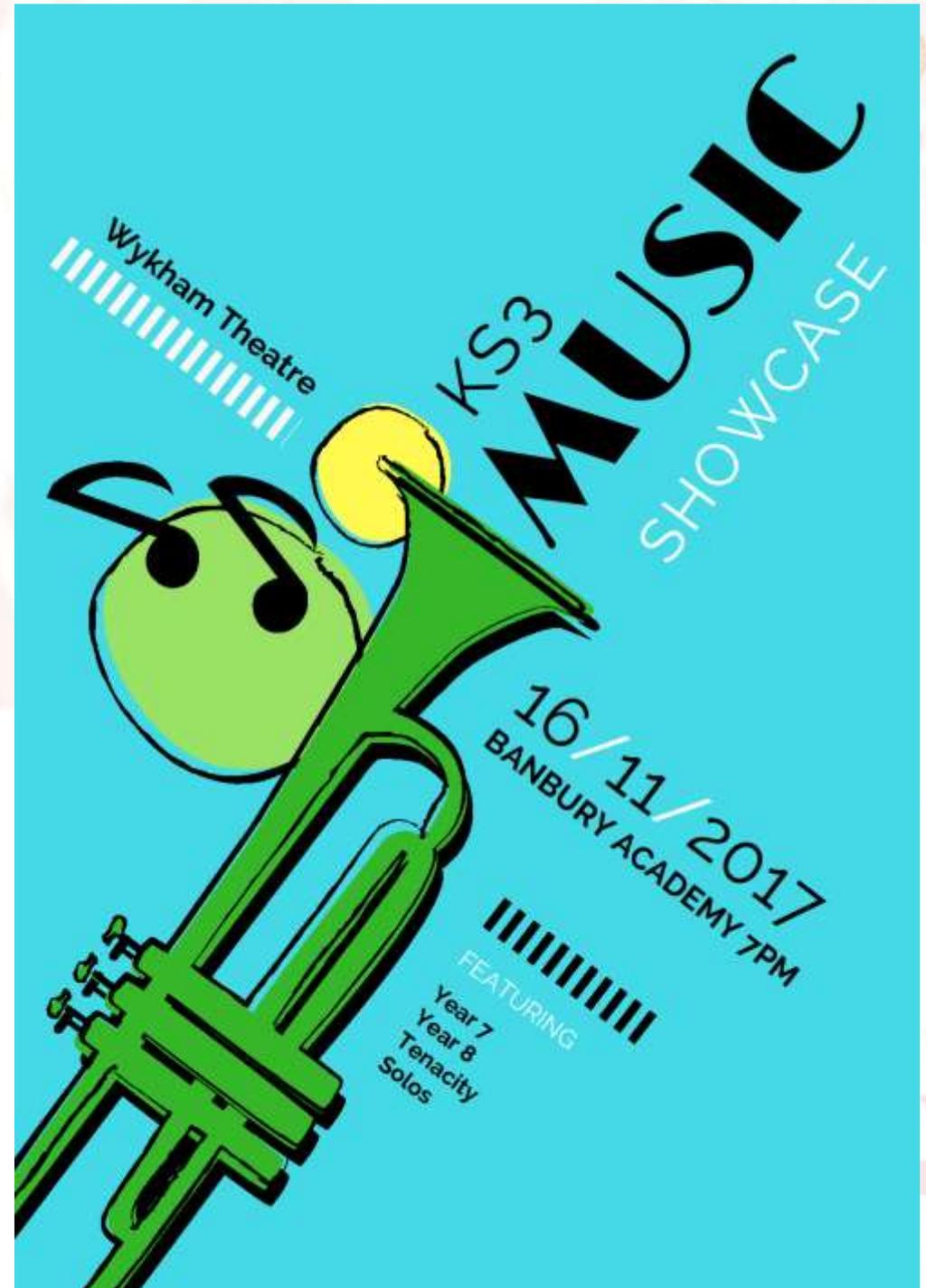
As you are all aware I am very keen that we support and educate our young people to make conscious choices about leading a healthy lifestyle. This is one of the reasons why we have a new PSCHEE programme for all year groups, covering topics such as relationship and sex education and drugs awareness.



As another strand of this I have been working with the catering company contracted by the Trust to look at the food that is being served at our two outlets. We have made some significant changes this academic year and other changes are on the way too. My drive has to reduce the number of unhealthy options available and to replace these with healthier ones. This autumn as the days get colder we are also trialling some soups; according to one young lady the mushroom soup on offer last week was the best she had ever tasted.

The biggest change that will happen will take place from Thursday 4th January 2017 when we return after the Christmas break. At this point all children who are eligible for Free School Meals will be able to purchase the meal only. This is to ensure that they are getting the food that they are entitled to. If anyone has any questions about this please drop me an email. I will be writing to the parents of all children who this will affect.

[Link to calendar](#)



Hegarty Individual Winners

- Sophie Fox
- Megan Casey
- Emma Norman
- Tirza Lukacs
- Harriet Gunn-Moore

Year 11 Hegarty Individual Winners

- Soniya Aryal
- Andrei Coman
- Phoebe Brogden
- Ella Thompson
- Jonathan Yeap

Hegarty Group Winners

**Mr Smyllie's
7c/Ma1**

Average 0.54hr per pupil

Year 11 Hegarty Group Winners

**11 BA Mr
Deakin's five**

• Average 1.12hr per pupil



Rugby: "The boys played extremely well, however lost 6 -1 to The Bicester School. Our one was the first try they have conceded this season and their teacher was full of praise for our performance." **Mr Merrick, PE**

Careers Advice: Apprenticeships

For the right person an apprenticeship can be a realistic alternative to university, as well as the way to become professionally qualified.

Apprenticeships are an opportunity to earn and learn, with probably more available at level 3 (A level or equivalent) than at any other level.

There are 4 levels: **Intermediate** similar to 5 GCSEs at grade C or above, **Advanced** similar to A levels, **Higher** and **Degree**. Salaries range from £3.50 p/h national minimum, to as high as £23,500 for some **Advanced**, **Higher** and **Degree** apprenticeships.

Degree apprenticeships are developing all the time. For instance, to become a nurse you can read for a nursing degree at university or train and learn via a degree apprenticeship in which you attend the same university as you would for the degree course, gain the same qualification, are employed and get paid.

For a basic guide to apprenticeships please [click here](#).



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Join Space Studio Banbury for

Nibbles and Nebulas

A chance to meet the teachers, and to explore the wonders of our universe through the eyes of a telescope at Hanwell Observatory. The evening is aimed at the whole family with drinks and hotdogs served from 6pm at Hanwell village hall, OX17 1HQ.

Wednesday 15th November 2017

6 – 7.30pm

Please wear sensible shoes

So we can arrange catering, we would be grateful if you could drop an email to office@spacestudiobanbury.org to let us know how many of you will be attending.

Keep up to date with the latest information about what's going on in school.

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